



2

My Body Parts



Points to Know :

- External Body Parts
- Sense Organs
- Internal Body Parts



Getting Started

Everyone has a body. Our body is made up of different parts. All these body parts perform different functions.

Some body parts are given below. Identify them and write their names.





















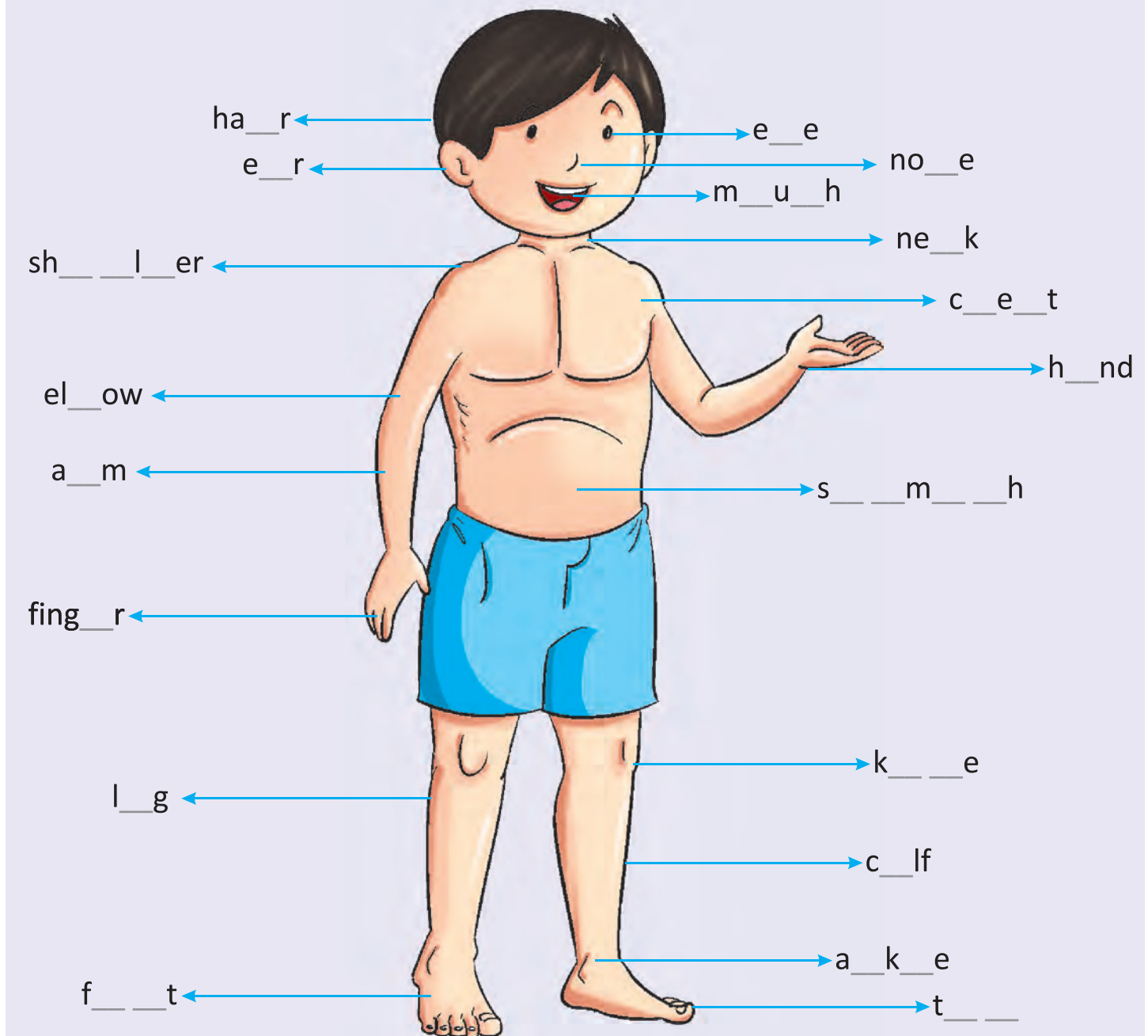
External Body Parts

The human body has different parts. **External body parts** are the ones which can be seen from outside. **Organs** are the body parts with specific functions.



Activity

The external body parts are shown in the picture given below. Fill in the missing letters to complete the names.



Sense Organs

Of these external body parts, some organs help us to sense and experience the things around us. These are called our **sense organs**.

The sense organs are **five** in number. They are our eyes, ears, nose, tongue and skin. They help us to know about all the things around us.



Our **eyes** help us to see different things around us.



Our **ears** help us to listen to others.



Our **nose** helps us to smell.



Our **tongue** helps us to taste food. It also helps us to speak.



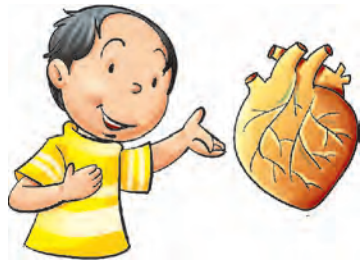
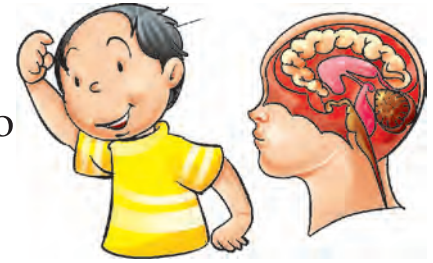
Our **skin** helps us to touch and feel different things.



Internal Body Parts

Internal body parts or **organs** cannot be seen from outside as they are inside our body. Some important internal organs are as follows :

Our **brain** controls our body and its activities. It also helps us to think, remember and learn.



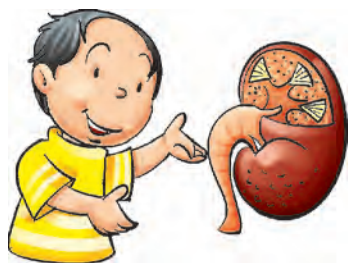
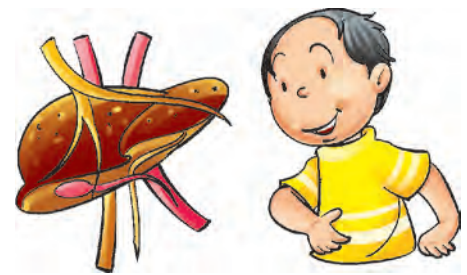
The **heart** is located in our chest. It works all the time and pumps blood to all the parts of the body.

We have a set of two **lungs**. They help us to breathe.



Our **stomach** helps to digest the food eaten by us so that it can be used by the body.

The **liver** cleans the blood. It helps in digestion too.



We also have a set of two **kidneys**. They help to throw the waste out of the body.



Things to Know

- ◆ The brain is called the master organ.



Words to know

- External body parts :** Parts of the body located outside it.
Internal body parts : Parts of the body located inside it.
Organ : Part of the body which performs a specific function.



Revision

- ❖ The human body is made up of different parts.
- ❖ There are external and internal body parts in a human body.
- ❖ Our body has five sense organs.
- ❖ These sense organs are our eyes, ears, nose, tongue and skin.



A. Tick (✓) the correct answer :

1. Everyone has a :
(a) Choice (b) Body (c) None of these
2. Our body is made up of different :
(a) Parts (b) Pieces (c) Both of these
3. External body parts can be seen from :
(a) Outside (b) Inside (c) None of these
4. Body parts with specific functions are called :
(a) Cells (b) Tissues (c) Organs
5. These help to experience around us :
(a) Sense organs (b) Organs (c) None of these

B. Fill in the blanks with words from the help box :

brain, five, heart, chin, internal organs

1. The _____ is an external body part.
2. The _____ is an internal body part.
3. The _____ controls all our activities.
4. _____ cannot be seen from outside.
5. We have _____ sense organs.



C. Match the following :

Column A

1. Nose
2. Tongue
3. Brain
4. Heart
5. Stomach

Column B

- (a) Pumps blood
- (b) Smells the things
- (c) Digests food
- (d) Tastes the food
- (e) Controls the body

D. State whether True or False :

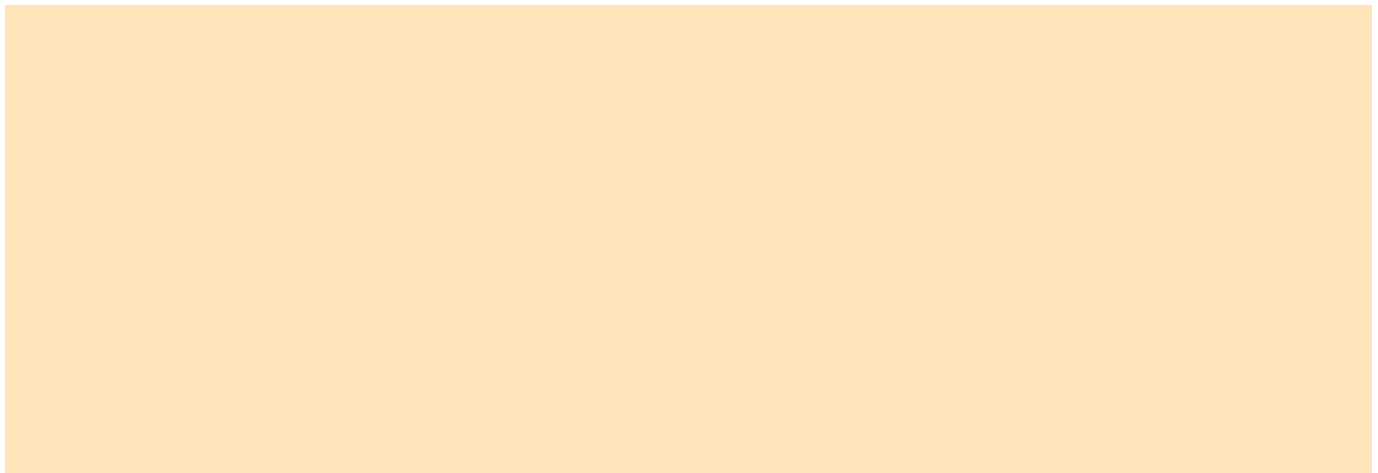
1. Our body is made up of internal body parts only. _____
2. The hands are external body parts. _____
3. Our ears help us to eat. _____
4. The nose helps us to breathe. _____
5. The skin covers the body. _____

E. Answer the following :

1. What is our body made up of?
2. What is external body part? Give example.
3. What is internal body part? Give example.
4. What is a sense organ?
5. What does the brain do?
6. Name five sense organs.

 **Activities**

A. In the space given below, draw the picture of a human body. Write the names of at least ten external organs :



B. Find six differences in the given pictures :

